

Parashield Plus

Instruction for use

Parashield Plus — is a set for protection from parasites.

This is an extended version of the Parashield program for a long lasting-effect.

THE SET CONSISTS OF:

- ParaFight, 1 bottle (90 vegetable capsules),
- Coral Black Walnut, 1 bottle (90 vegetable capsules),
- Coral Burdock Root, 1 bottle (90 capsules),
- Assimilator, 1 bottle (90 vegetable capsules),
- Pau D'Arco with Selenium, 1 bottle (90 vegetable capsules)
- MSM, 1 bottle (60 vegetable capsules),
- Super-Flora, 1 bottle (90 vegetable capsules),
- Coral-Mine, 6 packages (60 sachets).

THE SET CONTRIBUTES TO:

- A more thorough cleanse of different endoparasites (pinworms, ascarids, flukes, giardia, toxocara, etc.)

Duration of the program – 60 days.

ParaFight is based on a combination of extracts from 12 plants: black walnut leaf, clove fruit, chamomile flower, gentian root, long pepper fruit, yarrow plant, althea root, mint leaf, garlic bulb, thyme leaf, sage and oregano leaf. Juglone is able to actively inhibit pathogenic bacteria, helps to improve bowel function. Flavonoids and tannins relax the smooth muscle tissues; reduce irritation and inflammation of the mucous membranes, and accelerates their healing.

MSM is a source of a bioavailable form of organosulfur, vitamin C and biotin. These active components help to remove toxins from the body, provide antioxidant protection, and improve the condition of the skin, hair and nails.

Coral Burdock Root is a unique herbal supplement that consists of crushed root powder and an array of highly concentrated extracts of burdock root. The product helps normalize the metabolism. Due to its detoxification, diuretic, and blood purification properties it effectively removes toxins and pollutants.




Assimilator is a complex of digestive enzymes. It promotes a high-quality breakdown of food (proteins, fats, carbohydrates) and normalization of digestion.




Pau D'Arco with Selenium contains valuable substances naphthoquinones (lapachol, beta-lapachol, xyloidine), which activate the autoimmune system and fight pathogenic microorganisms. Selenium, which is a strong antioxidant, takes part in the synthesis of the immune system cells, supporting both innate and acquired immunity. Selenium and vitamin C have a synergistic relationship.

Super-Flora is a balanced combination of probiotics (bifidobacteria and lactobacteria) and inulin to normalize the intestinal microflora. Healthy microorganisms suppress the growth of pathogenic bacteria in the gastrointestinal tract and help to restore a healthy microflora balance.

Coral-Mine is a product from Japan made of deep-sea coral (scleractinias) collected in the Sea of Japan, near the islands of Okinawa and Tokunoshima. It also contains calcium, magnesium, potassium, iron, phosphorus, sulfur, silicon, chromium, manganese, zinc and other minerals. A sachet placed in water enriches it with beneficial minerals, restores water-salt balance. The components promote growth of bone and connective tissue with beneficial effects on overall health, and a mild tonic effect.

Coral Black Walnut is a source of juglone, essential oils and tannins. This complex helps to actively combat helminthes and normalizes the digestive system

HOW TO USE: 1 ST MONTH	DAYS 1-10	DAYS 11-20	DAYS 21-30
 MORNING	Super-Flora 1 capsule 20 minutes before breakfast ParaFight 2 capsules during breakfast Coral Burdock Root 1 capsule during breakfast	Super-Flora 1 capsule 20 minutes before breakfast ParaFight , Coral Black Walnut , Coral Burdock Root 1 capsule during breakfast	Super-Flora 2 capsules 20 minutes before breakfast Coral Black Walnut , Pau D'Arco with Selenium , Coral Burdock Root 1 capsule during breakfast
 AFTERNOON	ParaFight 2 capsules during lunch MSM 1 capsule during lunch	ParaFight , Coral Black Walnut , MSM , Assimilator 1 capsule during lunch	Coral Black Walnut , Pau D'Arco with Selenium , MSM , Assimilator 1 capsule during lunch
 EVENING	ParaFight 2 capsules during dinner Coral Burdock Root 1 capsule during dinner	ParaFight , Coral Black Walnut , Coral Burdock Root 1 capsule during dinner	Coral Black Walnut , Pau D'Arco with Selenium , Coral Burdock Root 1 capsule during dinner

HOW TO USE: 2 ND MONTH	DAYS 31-40	DAYS 41-50	DAYS 51-60
 MORNING	Super-Flora 1 capsule 20 minutes before breakfast. Coral Black Walnut, Pau D'Arco with Selenium 1 capsule during breakfast.	Super-Flora 2 capsules 20 minutes before breakfast Pau D'Arco with Selenium , Assimilator 1 capsule during breakfast	Super-Flora 2 capsules 20 minutes before breakfast Pau D'Arco with Selenium , Assimilator 1 capsule during breakfast
 AFTERNOON	Coral Black Walnut , Pau D'Arco with Selenium , MSM , Assimilator 1 capsule during lunch	Pau D'Arco with Selenium , MSM , Assimilator 1 capsule during lunch	Pau D'Arco with Selenium , MSM , Assimilator 1 capsule during lunch
 EVENING	Coral Black Walnut , Coral Burdock Root 1 capsule during dinner	Assimilator , Coral Burdock Root 1 capsule during dinner	Assimilator , Coral Burdock Root 1 capsule during dinner

Coral-Mine: place 1 unopened Coral-Mine sachet in lukewarm water (1.5 L). After 5 minutes, the water is ready to drink.

CONTRAINDICATIONS:

If pregnant or nursing, consult your health care practitioner before taking this product. This product is not intended to diagnose, treat, cure, or prevent any disease.

NUTRITIONAL RECOMMENDATIONS:

Give preference to products that normalize the acid-base balance and improve intestinal functions, these are:

- fresh and frozen berries and vegetables – raspberries, blueberries, cranberries, red huckleberries, zucchini, cucumbers, cabbage, beetroot, cauliflower, tomatoes, horseradish, garlic, onion
- freshly squeezed vegetable juices
- green herbs (dill, parsley)
- natural dairy products without sugar
- whole grain cereals (buckwheat, oatmeal, millet, bran) and whole grain bakery products
- meat dishes without sauces and flour gravy
- use olive oil for dressing salads

RECOMMENDATIONS FOR DRINKING WATER

Enough water is important for adequate bodily purification (liver, kidneys, gallbladder, intestine), that is why:

- during the course of the program, it is recommended to drink at least 1.5 L of water per day with Coral-Mine
- you should drink high-quality purified water
- the average daily intake of fluid for an adult is 30-40 ml per 1 kg of weight
- it is better to drink in portions of 200-250 ml before meals and between meals. It isn't desirable to use it to wash down food

DURING THE PROGRAM, IT IS NOT RECOMMENDED TO CONSUME:

- sweet foods, including honey, fruits, dried fruits, baked goods, ice cream
- coffee, any alcoholic and sweet fizzy drinks
- products of animal origin that have not been subject to thorough heat treatment (uncooked meat, salted and dried fish and meat)
- cereal products (white rice, wheat flour)